



Pembina County Memorial Hospital Foundation  
**Calendar *Artwork* Contest**

Open to ALL Pembina County Students  
Grades Pre-k through 12

Public Schools ♦ Homeschool Programs

**BE CREATIVE**

Acceptable media:

Markers, paint, crayons, pens,  
pencil, etc.

Please no digital files or 3D art.

**Deadline to Enter: May 21, 2021**

One grand prize winner from each grade will have their art featured in the 2022 PCMH Foundation Calendar. The Senior artist will have their work displayed on the cover.

Thirteen winners will receive a prize packet with a variety of goodies.

### Contest Description and Rules

#### Specific Entry Information:

Drawing must be on a white, unlined, 8 1/2 x 11 sheet of paper. Drawing must be done in "landscape format". Drawings must be original, creative, student drawn, and must reflect a health/wellness topic. Drawings must be appropriate.

#### How to enter:

On the back of the paper, include the student's name, grade, school and contact info. Artwork may be dropped off at PCMH Foundation or mailed to PO Box 380, Cavalier, ND 58220. Winning entries will be notified in August and announced in the local paper and on our social media pages. Entries are due by May 21st.

#### Questions:

Contact Whitney Austfjord at 701-265-6324 or [whitnya@cavalierhospital.com](mailto:whitnya@cavalierhospital.com)

**Artwork should reflect student's interpretation of any health topic; such as:**

Heart Health

Wellness/Exercise

Patients/Residents

Doctor

Nurse

Radiology Technician

Medical Laboratory Professional

Physical/Speech/Occupational Therapist

Registered Dietitian/Nutrition

Pharmacist/Pharmacy Technician

Medicine

Clinic/Hospital/Nursing Home

Diagnose/Diseases