



*Pembina County Memorial Hospital  
Wedgewood Manor*

An implementation plan has been developed based on the Community Health Needs Assessment (CHNA) process conducted in 2020. The CHNA was conducted in collaboration with Pembina County Public Health to determine the most pressing health needs of Pembina County.

The top needs identified in the CHNA process includes:

- Alcohol use and abuse- Youth and Adults
- Attracting and retaining young families
- Availability of mental health services
- Availability of resources to help the elderly stay in their homes
- Cost of long-term/ nursing home care
- Depression/ Anxiety- Youth and Adults
- Drug use and abuse (including prescription drug use)- Adults
- Having enough child daycare services
- Not enough affordable housing

The Pembina County Memorial Hospital Association (PCMHA) Board of Directors has determined that the following health needs identified in the CHNA should be addressed through the implementation strategy noted for each such need:

**Priority Area: Availability of Mental Health Services**

**GOAL:** Increase accessibility to behavioral health services

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*Strategies:*

- 1. Continue to support and promote the current mental health provider services at Clinicare and seek any opportunity to expand services.*
  - 2. Encourage attendance and continue to support local led support groups. Seek opportunities to expand such groups.*
  - 3. Continue to collaborate with Pembina County Behavioral Health Coalition (PCBHC) to bring education, classes, speakers, programs, and awareness to our communities.*
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**Priority Area: Alcohol Use and Abuse, Depression/  
Anxiety- Youth and Adult**



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**GOAL:** Decrease the use of alcohol by our youth and adults and provide access to treatment for depression and anxiety

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*Strategies:*

- 1. Promote the PCBHC supported programs and all faith based organizations.*
  - 2. Research the viability of expanding the palliative care group to include a grief support program.*
  - 3. Promote the services offered by mental health practitioners at Clinicare or Altru Speciality via telemedicine.*
  - 4. Support youth and adult alcohol free activities and education within our communities.*
  - 5. Continue to provide space for support groups to meet at PCMH.*
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**Priority Area: Drug Use and Abuse (including prescription drug use) Adults**

**GOAL:** Decrease the use and misuse of drugs

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*Strategies:*

- 1. Promote the destruction of left over or unused medications with Detera or drop off boxes located throughout the communities.*
  - 2. Promote the services offered by mental health practitioners at Clinicare or Altru Specialty via telemedicine.*
  - 3. Continue to collaborate with Pembina County Behavioral Health Coalition (PCBHC) to bring education, classes, speakers, programs, and awareness to our communities.*
  - 4. Collaborate with health providers to bring MAT (Medication Assisted Treatment) to Pembina County.*
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**Priority Area: Availability of Resources to Help the Elderly Stay in Their Homes**



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**GOAL: Increase access and awareness to resources, services and programs to allow elderly to stay in their homes longer**

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*Strategies:*

- 1. Continue to work with the Pembina County Health Coalition to provide and distribute a resource guide for Pembina County of services offered.*
  - 2. Promote the QSP program and other services offered through Pembina County Social Services.*
  - 3. Medical Providers will promote the senior meal program.*
  - 4. Continue to collaborate with NDSU Pembina County Extension Office with the Diabetes Prevention and Stepping On programs.*
  - 5. Collaboration and referrals to county social services and housing authority.*
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**Other Needs Identified in the CHNA, but not Addressed in This Implementation Plan**

1. Attracting and retaining young families
  - PCMHA continues to be an active participant in community recruitment efforts. Supporting the Cavlandic Bike Share program in 2020.
  - PCMHA continues to offer competitive wages and benefits to recruit and retain families
2. Cost of long-term/ nursing home care
  - Hospital social work designee is available to assist individuals who lack health insurance through programs offered and our Financial Assistance Program
  - Collaboration and referrals to county social services occur on a regular basis
  - Administration provides ongoing feedback to government policy makers at the state level regarding long term health care and health insurance costs
3. Having enough child daycare services
  - PCMHA will participate with any community led efforts to develop more child daycare services within its service area.
4. Not enough affordable housing
  - PCMHA will participate with any community led efforts to develop more affordable housing within its service area.